

June/ July 2021

8oz 1% milk available with all meals
 All grains are whole grain rich
 Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
21 Sun butter & Jelly Sandwich, Carrot Sticks & Dip, Fruit	22 Chicken Caesar Wrap, Three Bean Salad, Fruit	23 Yogurt & Soft Pretzel Meal (pretzel, 4oz yogurt, string cheese), Baby Tomato, Dip, Fruit	24 Turkey & Cheese Sandwich on a Kaiser Roll (1.5oz turkey & 0.5oz cheese) Cucumber & Dip, Fruit	25 Fiesta Salad w/ Roll (2oz seasoned chicken, 2 cups lettuce, 1/4 tomato, 1/4c shredded cheddar), Fruit
28 Italian Sandwich on a Kaiser Roll (1oz bologna, .5oz turkey ham, 0.5oz salami, .5ozcheese), Broccoli & Dip, Fruit	29 Buffalo Chicken Wrap, Chilled Pea Salad, Fruit	30 Fruit & Yogurt Meal (Graham Crackers (2), 4oz yogurt, string cheese), Cucumber & Dip, Fruit	1 Ham & Cheese Sandwich on a Kaiser Roll (1.5oz ham & 0.5oz cheese), Celery Sticks & Dip, Fruit	2 Chicken Caesar Salad w/ Roll (2oz diced chicken, 2 cups lettuce, 1/4oz Parm Cheese) Fruit
5 Sun butter & Jelly Sandwich Cucumber Coins & Dip, Fruit	6 Chicken Ranch Wrap, Coleslaw, Fruit	7 Bagel & Yogurt Meal (bagel, 4oz yogurt, string cheese), Carrot Sticks & Dip, Fruit	8 American Sandwich on a Kaiser Roll (1oz turkey, 1 oz ham, 0.5oz cheese), Baby Tomato & Dip, Fruit	9 Tuna Salad on Lettuce Salad w/ Dinner Roll (3/8c prepared tuna salad, 2 cups lettuce + tomato) Fruit
12 Sun butter & Jelly Sandwich, Carrot Sticks & Dip, Fruit	13 Chicken Caesar Wrap, Three Bean Salad, Fruit	14 Yogurt & Soft Pretzel Meal (pretzel, 4oz yogurt, string cheese), Baby Tomato, Dip, Fruit	15 Turkey & Cheese Sandwich on a Kaiser Roll (1.5oz turkey & 0.5oz cheese) Cucumber & Dip, Fruit	16 Fiesta Salad w/ Roll (2oz seasoned chicken, 2 cups lettuce, 1/4 tomato, 1/4c shredded cheddar), Fruit
19 Italian Sandwich on a Kaiser Roll (1oz bologna, .5oz turkey ham, 0.5oz salami, .5ozcheese), Broccoli & Dip, Fruit	20 Buffalo Chicken Wrap, Chilled Pea Salad, Fruit	21 Fruit & Yogurt Meal (Graham Crackers (2), 4oz yogurt, string cheese), Cucumber & Dip, Fruit	22 Ham & Cheese Sandwich on a Kaiser Roll (1.5oz ham & 0.5oz cheese), Celery Sticks & Dip, Fruit	23 Chicken Caesar Salad w/ Roll (2oz diced chicken, 2 cups lettuce, 1/4oz Parm Cheese) Fruit
26 Sun butter & Jelly Sandwich Cucumber Coins & Dip, Fruit	27 Chicken Ranch Wrap, Coleslaw, Fruit	28 Bagel & Yogurt Meal (bagel, 4oz yogurt, string cheese), Carrot Sticks & Dip, Fruit	29 American Deli Sandwich on a Kaiser Roll (1oz turkey, 1 oz ham, 0.5oz cheese), Baby Tomato & Dip, Fruit	30 Tuna Salad on Lettuce Salad w/ Dinner Roll (3/8c prepared tuna salad, 2 cups lettuce + tomato) Fruit